



For immediate release

Colleges and Universities Urged to Strengthen Student Mental Health Services Utilizing Higher Education Emergency Relief Fund (HEERF) Grants

- *The US Department of Education endorses the use of these federal COVID relief dollars to strengthen mental health services*
- *Cites the serious negative impacts COVID has had on student mental health*
- *Christie Campus Health has an established track record of partnering with colleges and universities that have utilized COVID relief dollars to address student mental health*

Lexington, MA, May 26, 2022 - The US Department of Education recently released a [statement](#) urging colleges and universities to use HEERF grant funding to strengthen mental health services for students. Specifically, it states that the \$40B in HEERF dollars provided to colleges through federal COVID relief funds can and should be used to support efforts to address the worsening mental health crisis on campus.

[Christie Campus Health](#) is a leading provider of mental health options for college and university students – from self-guided apps to online tools; from in person and virtual clinician visits to personalized concierge services – and has successfully worked with institutions of higher education colleges across the country to use Federal COVID relief dollars to address the student mental health crisis.

“More students than ever are reporting that mental health challenges are affecting their academic performance,” said Kate Begley, CEO of Christie Campus Health. “The HEERF grants represent a tremendous opportunity for colleges and universities to establish new mental health programs or strengthen existing ones. Supporting student health and wellbeing, wherever they may be on that spectrum, is essential.”

Christie Campus Health’s full continuum of services includes:

- 24/7 clinical support line staffed exclusively by licensed mental health professionals for unlimited, in-the-moment support and referrals to next steps, whether the student is home or abroad.
- Virtual and in-person counseling, regardless of the student’s location, through a broad network of diverse clinicians.
- Navigators who act as a personal mental health concierge for students, eliminating barriers and ensuring students are connected to the care and resources they need, when they need it.

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- Self-directed wellness and resiliency tools featuring [Headspace](#), a leading meditation and mindfulness app that helps students build coping and resiliency skills, and [SilverCloud](#), an online cognitive behavioral therapy program.
- Psychiatric prescribing clinics that provide dedicated access to psychiatric assessment and medication management.
- The Wellness Hub, an online portal and app of student-curated content, online tools and self-assessments developed by Massachusetts General Hospital [Clay Center for Young Healthy Minds](#) and the [JED Foundation](#).

Christie Campus Health serves well over 575,000 students on 150+ campuses across the country, working in partnership with colleges and universities to expand existing capacity in student counseling services in a diverse and inclusive way, fulfilling its singular mission of reaching and supporting every student in need.

About Christie Campus Health

Christie Campus Health is led by a team with decades of experience in college student health, solely focused on partnering with colleges and universities to deliver efficient, high-quality mental health services to students. In response to the campus mental health crisis, Christie Campus Health's team of experts in public health, clinical psychology, student health insurance and higher education policy together created CONNECT@College, a comprehensive solution that expands counseling center capacity and helps colleges reach and support students in need.

Christie Campus Health is the proud founding and lead sponsor of the [Mary Christie Institute](#), a national non-profit think tank dedicated to improving the emotional well-being of college students. Through convening, research, journalism and advocacy, it is on the leading edge of initiatives and new ideas in college-age behavioral health.

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