



## **Christie Campus Health Now Operating in Seven Massachusetts Colleges as Babson College expands its student mental health services**

As of July 1<sup>st</sup>, Christie Campus Health has partnered with Babson College to deliver solutions that will help them better support their students' mental health. Babson is the seventh Massachusetts institution of higher education to implement the [CONNECT@College](#) platform of services developed by the Massachusetts-based college mental health and wellness company.

In addition to a clinical [support line available 24/7/365](#), Babson students now have access to [telehealth and face-to-face therapy visits](#) with licensed providers in one of the nation's largest behavioral health network as well as [mental health "navigators"](#) that offer one-on-one support to students, helping with referral, care coordination and more. Other services include a [self-directed online emotion training](#) that helps with coping skills and access to the [wellness hub](#), an online portal and app which includes original student-friendly, research-based articles and videos.

Christie serves 42 colleges and universities throughout the country, including the entire state university system in Georgia. In Massachusetts Christie is currently partnering with Northeastern University, Merrimack College, Emmanuel College, Wentworth Institute of Technology, New England College of Optometry, and Cape Cod Community College in addition to Babson College. We are looking forward to announcing several other schools that are scheduled for fall implementations.

"I am thrilled to partner with Christie Campus Health on this critically important initiative, which will serve to augment the exceptional care provided by our clinical team in Counseling and Psychological Services," said Dr. Ryan Travia, Associate Vice President for Student Success, Babson College. "Supporting and promoting students' mental health and emotional wellbeing continues to be a strategic priority at Babson, and I look forward to collaborating with Christie Campus Health and their expansive network of resources and providers to offer even more services to our students."

Partnering with on-campus counseling teams and administrators, Christie offers customizable services that focus on the needs of all students. The services are delivered free of charge to students so they can get the mental health support they need without having to worry about costs. This increases access for lower-income students, a critical benefit given the growing concerns about income and health inequities.

"Given all the challenges with the pandemic over the last year and a half, there is even greater pressure on counseling center teams to provide services and resources that help with students' mental wellbeing", said Kate Begley, CEO, Christie Campus Health. She adds, "We are proud to partner with Babson to offer Christie's wrap-around services that will help meet the mental health demands of their students and most importantly, provide a continuum of care that connects with students when and where they need it most."

Christie's [full-service options](#) include:

- A 24/7/365 clinician-staffed support line that can be reached by students whether they are on campus, off-campus, or abroad
- In-person or video therapy sessions at no cost to the student
- Personal Navigators who provide referral and care coordination for students
- A self-directed online emotion training supported by Personal Navigators
- Student mobile App and Wellness Information Hub website
- Access to Headspace, a leading meditation and mindfulness app
- Virtual Psychiatric Prescribing Clinics to offer students dedicated access to psychiatric assessment and medication management

### **About Christie Campus Health**

Based in Lexington, Massachusetts, the management of Christie Campus Health has decades of experience in college student health and is solely focused on partnering with colleges and universities to deliver efficient, high-quality mental health services to students. In response to the campus mental health crisis, Christie Campus Health's team of experts in public health, clinical psychology, student health insurance and higher education policy, came together to create a solution that would help colleges and universities improve the way they support student mental health. They developed CONNECT@College, the market's only single-vendor, comprehensive solution that expands counseling center capacity and helps colleges reach and support students in need. Contact [www.christiecampus.com](http://www.christiecampus.com) for more information.